



TOTAL
VASCULAR
WELLNESS

PRE-OP INSTRUCTIONS

- 1) Please take your medications as scheduled.
- 2) If you take a blood thinner, **STOP** taking it **FOUR (4) DAYS** before the day of the procedure.
- 3) You may eat a light meal before your scheduled procedure time. You may also drink water **TWO (2) HOURS** before your scheduled procedure time.
- 4) Wear loose comfortable clothing (NO jeans or tight pants, please)
- 5) Dr. Siddiqui will prescribe you compression stockings, please purchase your compression stockings prior to the procedure. Dr. Siddiqui will recommend that you wear them after the procedure for 3 months.
- 6) Dr. Siddiqui will provide you Xanax (or equivalent) for conscious sedation during the procedure. This medicine will help you relax during the procedure. We will call the medication in to your selected pharmacy **ONE DAY PRIOR** to the scheduled procedure day.
- 7) Please pick up the medication **PRIOR** to the procedure from your selected pharmacy. If you arrive to the office without the medication, you may elect to have the procedure done under local anesthesia only. If you want to have the medication and did not pick it up, we will move appointments ahead or we can **CANCEL/ RESCHEDULE** your procedure and you will be charged \$250 before you can schedule your next procedure day and time.

DAY OF PROCEDURE

- 1) **** PLEASE ARRIVE 30 MINUTES BEFORE YOUR SCHEDULED PROCEDURE** If you do not arrive 30 minutes prior to your procedure, the office reserves the right to bump you to a later time or reschedule you for another day or time. We will charge you \$50 for having to reschedule.**
- 2) You will be asked to sign a consent form and schedule a post-op sonogram prior to taking your medication.
- 3) **** DO NOT take your MEDICATION until you arrive in the office and instructed by one of Dr. Siddiqui's staff members to take the medication.****
- 4) Please have someone drive you to the office for your procedure. You will also need to have someone drive you home after your procedure is complete. **DO NOT DRIVE for 24 hours after your procedure.**
- 5) Please plan on being here for 2-3 hours for your procedure.

If you have any questions or need any further explanation, please call the office at (817) 225-2716.

Patient's Signature

Office Staff Signature

Patient's Printed Name

Office Staff Printed Name

_____/_____/_____
Date